REXBURG RECREATION ACTIVITY GUIDE

FALL/ WINTER 2023

rexburg.org/rec



OKTUBERFEST

Grab your partner and join us for Rexburg's celebration of community, industry, **and all things POTATO!**





REXBURG ARTS

SATURDAYMADISON
COUNTYOCTOBER 14, 2023FAIRGROUNDS



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MESSAGE FROM THE MAYOR

Hello Rexburg! The Fall and Winter season are always festive times of the year and I'm so grateful to our City and the Recreation Department for offering so many **amazing programs** for our community! This year is no different with lots of great options to get out and be active for the whole family.

JERRY MERRILL



Looking to get outdoors this winter? Don't miss our **Teton Lakes Winter Park!** The Park takes over our Teton Lakes Golf Course during the cold winter months and it has fantastic offerings for the whole family. The *sledding hill* is the best in town and the trails for *cross country skiing* are top notch. We'll also be bringing back the *ice skating rink* by popular demand! If you're worried that you don't have the gear, we've got you covered! Daily *equipment rentals are available on site* for skiing and skating. We're so lucky to have this park right here in Rexburg!

I really appreciate the accessibility of these programs. There is fun to be had for everyone and by everyone. It's so important to stress the necessity of recreational opportunities, particularly during the winter months. Please get out and get involved with your **family**. The benefits to both our mental and physical health can't be understated. When Rexburg winters can feel rather long and sometimes gloomy with the weather, take advantage of these programs to help curb those winter blues.

Be sure to find us across our social media accounts; we're on **Facebook** and **Instagram**. We'll be featuring updates about all of these programs and more throughout the year. It's the best way to stay informed with what is happening in and around the City of Rexburg.



REXBURG RACES



THE SPEEDY SPUD 5K

Rexburg Races is excited to announce "The Speedy Spud 5k" as the newest race to our line up! This race will take place on October 14th as part of the Oktuberfest celebration. The Speedy Spud 5k will start at Nature Park, close to the Pickleball Courts and loop around through Eagle Park for two laps and finish back at the starting line.

- In addition to the 5k we will feature "The Mashed Potato Mile" for the kids. That race will start and finish by the pickleball courts as well.
- Participants will receive a T-Shirt and voucher for The Baked Potato Bar at Oktuberfest.

Date: October 14th, 2023

- Time: 5k @ 9am Mashed Potato Mile @ 9:45am
- Cost: 5k \$25 Mashed Potato Mile - \$10

Race Check In Location: Nature Park - Southeast Gazebo

YOUTH SPORTS AND PROGRAMS



YOUTH GIRLS BASKETBALL

Sign your girls up with the city league to learn the fundamentals of the game and to get experience of being on a team. There is a new Rec/Competitive format this season! If you want to sign up for the rec division, you will need to sign up individually under the rec division. If you want to sign up for the competitive division, it must be signed up as a team through the coach. The divisions will be set up by grade instead of age. For example, a 6GU league is for 6th graders and under. If someone that is in a lower grade wants to play in a higher division, that will be allowed. If a coach wants to register a team, he/she must fill out a team waiver/jersey order then visit the office to register the team in person. 1st, and 2nd grade will have a minimum of 6 and a maximum of 8 players per team and will play the 4 v 4 format on an 8 ft. hoop. 3rd, and 4th grade will have a minimum of 6 and a maximum of 10 players per team (NO EXCEPTIONS!). 5th and 6th grade will play the 5 v 5 format on 10 ft. hoop. Each participant will receive a team jersey at the first game.

Grades: 1st-2nd; 3rd-4th; 5th-6th

Cost: Resident \$65; Non-Resident \$70 Team Fee \$65/player on the team (ex. 5 players on the team would cost \$325)

Registration Ends: September 13th (Once the registration deadline has passed, we will continue to take late registrations until the remaining spots are filled)

Dates: The draft for the 12U division will be determined at a later date. **Time**: Saturdays

* Games will be held in between 9:00am-3:00pm

Locations: Local School Gyms

YOUTH SPORTS AND PROGRAMS



YOUTH BOYS BASKETBALL

Sign your boys up with the city league to learn the fundamentals of the game and to get experience of being on a team. There is a Rec/Competitive format this season. If you want to sign up for the rec division, you will need to sign up individually under the rec division. If you want to sign up for the competitive division, it must be signed up as a team through the coach. The divisions will be set up by grade instead of age. For example, the 7GU league is for 7th graders and under. If someone that is younger wants to play in an older division, that will be allowed. If a coach wants to register a team, he/she must fill out a team waiver/jersey order then visit the office to register the team in person. 1st, 2nd, 3rd and 4th grade will have a minimum of 6 and a maximum of 8 players per team and will play the 4 v 4 format. 1st and 2nd grade will play on 8ft. hoops, and 3rd and 4th grade will play on 9ft. hoops. 5th, 6th and 7th grade will have a minimum of 7 and a maximum of 10 players per team (NO EXCEPTIONS!). 5th grade and older will play the 5 v 5 format with 10ft. hoops. Each participant will receive a team jersey at the first game.

Volunteer coaches are needed

Grades: 1st, 2nd, 3rd, 4th, 5th, 6th-7th

Cost: Resident \$65; Non-Resident: \$70 Team Signup-\$65/player (must call in or visit office to register a team)

Registration Ends: November 27th (Once the registration deadline has passed, we will continue to take late registrations if there are remaining spots available)

Dates: January 13th -March 23rd Time: Saturdays 9:00am-5:00pm (game time varies)

Locations: Local School Gyms

There will be a draft for the 6th-7th grade division that will be set at a later date and time. (All individual signups will be assigned a team whether they attend the draft or not.)

REGISTER ONLINE!

rexburg.org/rec

YOUTH SPORTS AND PROGRAMS



NORDIC YOUTH SKIING CLUB (7TH-12TH GRADE)

The Nordic Ski Club meets at the Teton Lakes Golf Course, snow or no snow. Kids can take buses from school, and store ski equipment on site. Instructors will teach both classic and skate skiing techniques. This year, sessions will be split up by the following categories: Classic Ski-Beginner; Classic Ski-Intermediate; Skate Ski; No prior cross-country ski experience necessary, all levels welcome. There is ski equipment (classic) available to rent for the season at a discounted rate. Check out rexburgski.blogspot.com to get an idea of how much fun we had last winter!

Cost: \$20-club registration fee To rent ski equipment-\$40 additional fee

Dates: January 2nd -February 8th Classic Ski-Beginner: Tuesdays 4:15-5:15pm Classic Ski-Intermediate: Wednesdays 4:15-5:15pm Skate Ski: Thursdays 4:15-5:15pm *Skate Skis will not be available for rent through this program*

Location: Teton Lakes Golf Course

TETON LAKES WINTER PARK



OPENS DECEMBER, 2023

Don't let the snow keep you inside all winter. Come visit the Teton Lakes Winter Park to enjoy the sledding hill, cross country ski trails, and the ice rink. If you don't have your own skis or ice skates, come rent them from the clubhouse. Embrace Rexburg's winters by visiting Teton Lakes Winter Park!

<u>Season</u>: Depending on snow, we will announce the start/end dates on our social media pages. Typically, the season begins around mid-December.

TETON LAKES WINTER PARK



Hours of Operation: Monday-Friday: 3:00pm - 9:00pm Saturday: 9:00am - 9:00pm

CROSS COUNTRY SKIING AND ICE SKATING EQUIPMENT RENTALS!

Rental Pricing:

Adult Ski Package: \$7.00 Kid Ski Package: \$5.00 Burley Ski Sled: \$10.00 Ice Skate Package: \$5.00

- * Ski Package includes skis, boots, and poles.
- * Rentals are for 1 day only and cannot be taken off the premises.

Location: Teton Lakes Golf Course 722 N. 12th W. Rexburg ID 83440

For more info, please visit our website: www.rexburg.org/winter-park-at-teton-lakes



BIG BURG CHALLENGE DISC GOLF TOURNAMENT

Come join us for the first annual disc golf tournament put on by the Recreation Department! The 2 round/1 day tournament will take place on the temporary course at Legacy Golf Course and the Nature/Eagle Park course. Finish out the disc golf season with a competitive tournament experience featuring several divisions with prizes and a sweet players pack. This layout with the golf course is only available for this tournament so don't miss out!

Cost: \$40

Registration Ends: October 13th

Tournament Date: October 28th, 8am-5pm

Location: Tournament HQ-Nature Park (5th W. & 3rd N.)

Contact: Tournament Director: Jeff Crowther

- **(**: 208-372-2561
- : jeff.crowther@rexburg.org



REXBURG CORNHOLE TOURNAMENT

Sign-up for the second annual Rexburg Cornhole Tournament this August. Come compete in this super fun outdoor tournament that will offer prizes for the winners as well as drinks (non-alcoholic...sorry!) and snacks for all the competitors. Pool play will proceed a double elimination bracket. Official ACA boards and bags will be provided. 4 match minimum guarantee.

Cost: \$25 for each Doubles team. Only Team Captain needs to sign up.

Registration Ends: August 21st

Date: August 26th Doubles 6-8pm

Location: TBD - Follow us on social media for updates!

- f: <u>Rexburg Recreation Department</u>
- O: @rexburgrecreationdepartment



LABOR DAY PICKLEBALL TOURNAMENT

Come celebrate Labor Day weekend by having a fun mixed-doubles round-robin tournament. 3.0 and 3.5 divisions offered. Lots of games, snacks provided, and the winners get championship shirts!

Cost: \$25

Registration Ends: August 31st

Date: September 2nd

Time: 8:00am – 10:30am=3.0 Division 10:30am – 12:00pm=3.5 Division

Location: Nature Park



WOMEN'S VOLLEYBALL

Time to dig in your closet and find those old knee pads and bump, set, spike into the New Year. The City of Rexburg is proud to hold the Women's Volleyball League. Games will be 6 on 6 with winners being the best 2 out of 3 sets. The season will be 16 games long with each night consisting of double headers. A double elimination tournament will begin after the regular season concludes. So get the ladies together to have some fun!

Cost: \$400

Registration Ends: December 19th

Season Dates: (Regular Season) January 8th – February 26th (Tournaments) March 4th – March 18th Mondays @ 6:30p-10:15pm

Location: District Office Gym (60 W. Main St.)

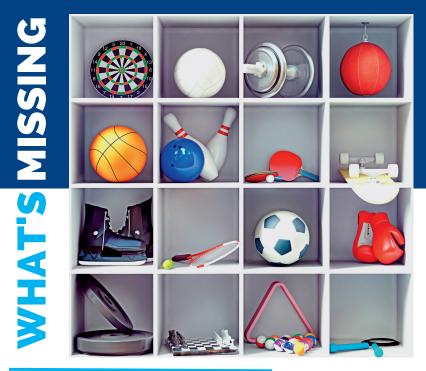
Max # of Teams: 8





Introducing Engage Rexburg, the City of Rexburg's official citizen engagement platform! Rexburg is known as "America's Family Community", and we want to hear from you, our community! Our goal is to utilize this platform so your voice can be heard and received. Here, you will be able to participate in local government by providing your feedback and staying informed about what is happening with Rexburg projects and initiatives.

engage.rexburg.org



What would you like us to offer for future Recreation Programming?



At the City of Rexburg, we are always looking to best serve our citizens. We've added a page to Engage Rexburg for you to tell us what programs you'd like us to offer our citizens! Now is your chance to help us design programs that best fit you and your needs. What should the future of Rexburg Recreation look like?

We'd love to hear from you! Submit your ideas here:

https://engage.rexburg.org/en/projects/missingrec-programs



RECREATION CONTACT INFORMATION

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- **(** 208-372-2560
- recreation@rexburg.org
- rexburg.org/rec
- **35 N 1st E, Rexburg, ID 83440**

